

# In vitro activity of isavuconazole against *Candida auris* by time-kill and

# postantifungal-effect assays

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#### BACKGROUND AND OBJECTIVES

*Candida auris* is an emerging species causing disseminated candidiasis associated with high mortality and has a challenging treatment due to its difficult diagnosis and a multidrug resistant profile, specially to azoles like fluconazole and voriconazole. Isavuconazole is a broad spectrum novel triazole agent that exerts fungistatic and fungicidal activities. It has been approved for the treatment of invasive aspergillosis and mucormicosis and it also shows activity against *Candida*.

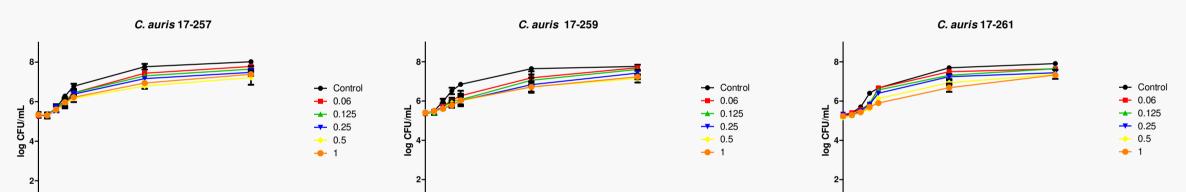
The aim of this study was to study the in vitro activity of isavuconazole against Candida auris by time-kill (TK) methodology and postantifungal (PAFE) effect assays.

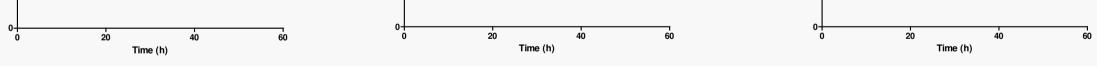
### MATERIALS AND METHODS

In vitro static TK experiments and PAFE assays were performed against three *Candida auris* clinical blood isolates from the outbreak of candidiasis at the Hospital Universitario Politécnico La Fe (Valencia, Spain) (1) as previously described (2). TK and PAFE were carried out on microtiter plates in RPMI (final volume 200 µL) and using an inoculum of 1-5 CFU/mL. Based on minimum inhibitory concentration (MIC) values previously determined by EUCAST E.def 7.3 method (3), isavuconazole (Basilea, UK) concentrations tested for both TK and PAFE experiments were 0.06, 0.125, 0.25, 0.50 and 1 mg/L. For PAFE assays, after the cells were exposed to isavuconazole for 1 h, the drug was removed by a process of 3 cycles of repeated centrifugations (2000 rpm, 10 min) and washed with PBS. For both experiments, samples for viable count quantification were obtained at 0, 2, 4, 6, 8, 24 and 48 h and inoculated onto a Sabouraud dextrose agar plate for CFU counting. Plots of averaged colony counts (log<sub>10</sub> CFU/ml) versus time were constructed and compared against a growth control (in absence of drug). TK and PAFE experiments were performed simultaneously and in duplicate.

### RESULTS

None of the concentrations of isavuconazole assayed in TK experiments showed significant antifungal activity, even though a concentration-dependent fungal growth reduction trend was observed when compared with the control curve. As it could be expected form TK results, no PAFE effect was detected against any of the studied isolates.





**Figure 1.** Mean TK curves for isavuconazole against *Candida auris*. Each data point represents the mean result ± standard deviation.

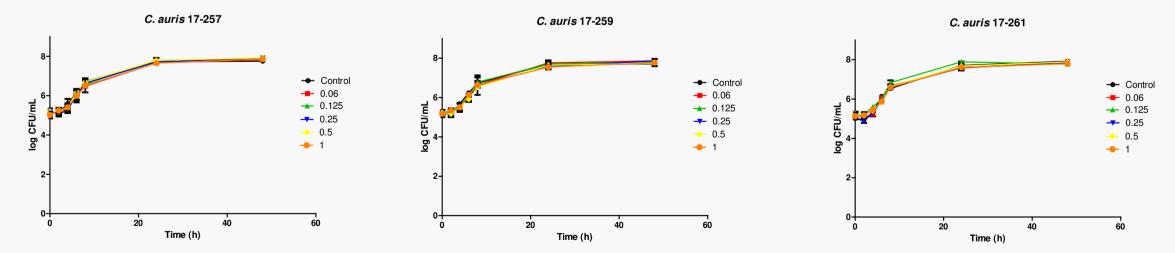


Figure 2. Mean PAFE curves for isavuconazle against *Candia auris*. Each data point represents the mean result ± standard deviation.

#### CONCLUSIONS

Despite the low MICs, isavuconazole did not show significant activity against the studied *Candida auris* isolates in the performed TK experiments. These results suggest that special care should be taken when interpreting the MIC values for resistant species such as *Candida auris* and other in vitro methodologies like TK experiments should also be considered for a more complete characterization of antimicrobial activity.

[1] Ruiz-Gaitán AC et al. Nosocomial fungemia by *Candida auris*: First four reported cases in continental Europe. Rev Iberoam Micol 2017;34:23.

[2] Gil-Alonso S et al. Postantifungal Effect of micafungin against the species complexes of *Candida albicans* and *Candida parapsilosis*. PLoS ONE 2015; 10: e0132730.

[3] K. Miranda-Cadena et al. In vitro activity of isavuconazole against fluconazole-resistant clinical isolates of *Candida auris*. Mycoses 2017;60 Suppl 2:66.

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