Plastic Optical Fiber pH Sensor Using a Sol-Gel Sensing Matrix

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1. Introduction

Because it is the most ubiquitous species encountered in chemical reactions, hydrogen ion occupies a very special place in chemistry and biology, most of the chemical and biological processes being dependent on its activity. From the analytical point of view, the abundance of hydrogen ions is quantified in terms of pH, the negative logarithm of its activity. Its importance is evident by considering that, if the pH of the human blood changes as little as 0.03 pH units or less, the functioning of the body will be greatly impaired; also, brain pH decreases from normal pH of 7.4 to a pH of 6.75 during the brain insult and a continuous monitoring system would be beneficial in the treatment of comatose neurosurgical patients and those who have suffered traumatic brain injury, ischemic brain insult and so forth (Zauner, 1995). Furthermore, the kind of animals and plants living in lakes, rivers and oceans depends on pH values, as well as pH of soil affects the livability of plants. For this reason, the use of pH sensors is widely diffused in various fields to monitor chemical and biological processes and it is finding an increasing number of applications in medicine, biomedicine, industry and environmental monitoring.

The earliest methods of pH measurement fall roughly into four categories: indicator reagents, pH test strips, amperometric or potentiometric devices. Since a long time, the glass electrode pH sensor has been the most popular due to its ideal Nernstian response, independent of redox interferences, and because of its high selectivity for hydrogen ions in a solution, short balancing time of electrical potential, reliability and high reproducibility, and long lifetime. For these reasons, it is still considered to be the standard measuring method for the pH measurements.

However, glass electrodes have several drawbacks for many applications. Firstly, they exhibit a sluggish response and are difficult to miniaturize. Moreover they can generate electromagnetic interferences with other devices and cannot be used in food or in vivo applications due to their brittle nature. For these reasons, there is increasing need for alternative pH sensors and, in this respect, optical methods offer many advantages over the common glass electrode or other electrochemical devices. Among these, optical fiber colorimetric pH sensors monitoring the change in the optical response of proton-sensitive indicators are the most popular systems. Other pH-sensing devices, based on different

pH-related properties, have also been proposed; they exploit mass-changing in pH-responsive hydrogel (Ruan, 2003), pH-sensitive changes of refractive-index in polymers (Zamarreno, 2010), pH sensing based on the interferometric response of nanofilms built from layer-by-layer electrostatic self-assembly of polyelectrolytes (Goicoechea, 2009), pH sensors based on conducting polymers (including polypyrrole, polyaniline, etc.) (Talaie, 2000), ultrasensitive microcantilever structures (Bashir, 2002; Fritz, 2000), to mention only someone. However, these devices suffer from various drawbacks such as instability or drift or their use is not straightforward or are too expensive to be mass-produced at industrial level.

For a more detailed discussion about pH sensors, one may refer to several reviews appeared in the last decade (Lin, 2000; Wolfbeis, 2004; Yuqing, 2005; Korostynska, 2007; Baldini, 2008; Wolfbeis, 2008; McDonagh, 2008).

As said above, optical fiber methods are the most interesting alternative to the glass electrode for pH as they enable optical spectroscopy to be performed on sites inaccessible to conventional spectroscopy and over long distances. This is particularly interesting in medicine where the high degree of miniaturization of optical fibers, their considerable geometrical versatility, and their extreme handiness enable unique performances in invasive applications. With respect to glass electrode pH sensors, optical fiber methods take also advantage of the immunity to electromagnetic interferences, and from the absence of electrical contacts that make them useful also in the case of non-invasive applications. For these reasons, optical fiber sensors are in continuous development and offer to the physicians efficient tools for prompt and reliable diagnosis, in particular when an in-vivo continuous monitoring has to be carried out (Baldini, 2008).

The basic concept of the optical fiber methods of pH measurements relies on the fact that the incident beam of light is passed through a light guide to the active end of the optical fiber where it interacts with a chemical indicator, which alters the beam's intensity, usually by absorption or fluorescence, of the modified optical signal which is guided back to the detector. In this way, remote sensing can be achieved since the optical signal can be carried over long distances.

The indicator is usually an organic dye able to change its color over a given pH range (typically 3-4 pH units centered at the pKa of a given indicator) and is generally confined to the surface of the optical fiber or immobilized in an adjacent space according to various possible configurations of the sensing element (Lin, 1997; McDonagh, 2008).

In order to record reliable pH values, the hydrogen ion concentration must equilibrate between the bulk of the sample and the space where the indicator is confined, and the sensor response in terms of precision, sensitivity, stability and response-time will therefore depend on the conditions existing within this space.

The most used method exploited to prepare an optical fiber responsive to pH changes is the immobilization of pH indicators in/on a suitable material. This is a key step that will largely influence the characteristics of the pH sensor.

Photopolymerization (Barnard, 1991; Bronk, 1994; Ferguson, 1997; Healey, 1997; Song, 1997) and sol-gel chemistry (Lin, 1997 and 2000; McDonagh, 2008) have been the mainly exploited reactions, and adsorption, covalent binding and entrapment are the most widely used approaches to immobilize indicator dyes.

In the adsorption method, a pH indicator is adsorbed, physically or chemically, on a solid support attached to the optical fiber; it is relatively simple, but the amount of the adsorbed indicator may be small, resulting in a weak signal, and the indicator may leach out, resulting in a pH response that changes with time. Commercial ion-exchange resins, sulphonated polystyrene (Igarashi, 1994) and polyelectrolyte containing silica (Shi, 1997) have been proposed, among the other, for electrostatic immobilization, while hydrophobic organic products (polymers or organically modified alkoxysilanes) have been used to improve hydrophobic chemical adsorption of indicators (Korostynska, 2007; Kowada, 2005; Wu, 2006).

Adsorption of the indicator may be slow in non-porous monolithic solids and in solids with random microporosity, and the development of mesoporosity, having large and controlled open pores (Cagnol, 2004; Grosso, 2004), may result in a shorter response time of the pH sensor (enhanced diffusion and accessibility for protons and therefore faster equilibration) and a larger amount of pH indicator to be immobilized. However indicator leaching may also become a more relevant problem.

The covalent method can overcome leaching problems as the pH indicator is strongly bound to the solid substrate (Baldini, 2008; Barnard, 1991; Bronk, 1994; Ferguson, 1997; Healey, 1997; Song, 1997). However, the immobilization by covalent attachment requires a previous surface modification of the optical fibers and the control of the surface reaction of the modified substrate with a suitable indicator. The resulting procedure is often complicated and time consuming and may lead to loss of indicator sensitivity or result in poor fluorescent properties (Bacci, 1991; Lobnik, 1998). In general, this leads to a costly technology unsuitable for the preparation of mass-produced disposable devices.

In the entrapment method, the pH indicator is entrapped in a substrate, often starting from a polymer solution or a polymerizable liquid. The method is relatively easy, and a suitable choice of the indicator/polymer pair can strongly reduce or completely overcome the problem of indicator leaching. In addition, polymers present the advantage to be less brittle than inorganic glasses, and a suitable design of the molecular architecture can lead to a good balance of hydrophobicity and water swelling. This could allow combining a faster penetration of water and ions with a minimized indicator leaching. Various polymers have been used for entrapment of pH indicators by exploiting either their thermodynamic affinity or by covalent binding of pH indicators (Korostynska, 2007; McDonagh, 2008).

Combination of adsorption and entrapment methods is expected to occur in polymer-containing organic-inorganic hybrid materials, where highly interpenetrated organic and inorganic nanosized domains are formed during the sol-gel process. This could result in improved sensors, when, in addition to the control of water swelling by a suitable polymer choice, the presence of an extended interfacial surface between organic and inorganic domains, can favor the physical adsorption of the indicator. This can allow to optimize the mobility of the hydrogen ions, from the sample into the sensing element, resulting in a reduced response time, and to minimize indicator leaching.

Optical fiber pH sensors can also be prepared in the absence of indicators by exploiting the change of color as a function of pH of some conductive polymers such as polyanilines (Pringsheim, 1997; Sotomayor, 1997; Grummt, 1997) and polypyrrole (de Marcos, 1996). Even though they present some intrinsic advantages, such as simple fabrication and

measurements in the near-IR region, they suffer from shortcomings like long response time (slow diffusion of water and hydrogen ions into the glassy polymers), interference from other ions, oxidation by oxidizing agents and the need for pre/reconditioning before each measurement.

In the last two decades sol-gel chemistry has become one of the most widely used method for the development of optical fiber pH sensors due to its versatility and to the attractive optical properties of inorganic sol-gel materials (Lin, 1997, 2000; Wolfbeis, 2004, 2008; McDonagh, 2008). Indeed, either inorganic glasses or organic-inorganic hybrid materials can be easily obtained under mild conditions ($T < 100\text{ }^{\circ}\text{C}$) starting from a low-viscosity solution containing metal alkoxides alone or mixed with organically modified alkoxysilanes or with suitable polymers. Sol-gel process key parameters like reactant formulation, catalyst, water content and reaction temperature, can be exploited to produce a large variety of materials whose properties can be finely adjusted to tailor the physicochemical properties of the final solid in order to optimize sensor performances (Wen, 1996; Cagnol, 2004; Grosso, 2004; Estella, 2007).

Various sol-gel material configurations, like monoliths, thin films, capillaries and droplets including miniaturized configurations, have been proposed to generate the sensing element at the optical fiber tip (Lin, 1997; McDonagh, 2008).

Alkoxysilanes are most frequently used as precursors of inorganic phases, and the resulting inorganic silica glasses are porous matrices, that can be characterized by tailored porosity (Wen, 1996; Cagnol, 2004; Grosso, 2004; Estella, 2007). Compared with pure organic polymers, sol-gel inorganic glasses can offer some advantages: higher stability, optical transparency down to 250 nm, feasibility of direct coating on glass and silica fibers. However, they also may suffer from some shortcomings, and in particular, slow response to pH changes (typically several tens of seconds) (Lin, 1997; Ben-David, 1997; Seki, 2007), indicator leaching, difficult adhesion to plastic optical fibers.

Sol-gel materials derived from organically modified alkoxysilane (Ormosil) can be prepared under the same reaction conditions used for the preparation of all inorganic sol-gel glasses. The resulting material can have a better surface interaction with organic indicators reducing the shortcomings deriving from leaching (Kowada, 2005; Wu, 2006).

The inclusion of suitable organic polymers in the initial solution with alkoxysilanes leads to the formation of silica-based hybrid materials consisting of highly interpenetrated organic and inorganic domains. A suitable choice of the organic polymers will result in the formation of organic domains that can allow to immobilize higher amounts of indicator and to optimize indicator performances (Cjlaovic, 2002; Aubonnet, 2003) versus water adsorption, while preserving good transparency. As it will be discussed in the following, this can result in fast and reliable cheap sensors.

A lot of progress, improvement and innovation have been made in the field of optical fiber sensors in the last two decades, however notwithstanding the high number of optical fiber chemical and biochemical sensors described in the literature, only a few have reached the market, and the goal of mass production and commercialization of optical fiber pH sensors has not really been accomplished, and research development and application of optical fiber pH sensors is still very challenging and demanding interdisciplinary field. To reach this goal issues such as low cost, user-friendliness, sensitivity, robustness, long-term stability and shelf lifetime of the sensors have to be addressed adequately.

Within this context, this paper aims at illustrating a facile method to develop plastic optical fiber pH sensors with a tip-based sensing element prepared by a sol-gel process and consisting of phenol red indicator entrapped in a PEO-silica organic-inorganic hybrid material.

2. Principle, theory, design of the POE pH sensor

Current trends in optical sensors, such as miniaturization, flexibility and enhanced sensitivity, are indicating a new chemical route for the development of advanced multifunctional materials for optical applications. Those chemical technologies, which can be more easily customized and allows the inclusion of multiple functionalities within a unique preparation step, are bound to be progressively more and more applied to the preparation of optical materials.

In this perspective, the sol-gel technology certainly represents one of the most promising chemical strategies, thanks to numerous advantages mainly related to simplicity and mild operative conditions. It enables creating a glass-like porous structure at room temperature by a two-step acid or base catalyzed reaction involving hydrolysis and condensation, starting with metal alkoxides $M(OR)_4$, which transforms into a rigid three-dimensional metal-oxide network (Brinker, 1990). The sol-gel process has been proved to be flexible enough for an efficient incorporation of organic polymer chains that can behave as flexible links between the metal-oxide domains in the inorganic network, in particular when they are bearing reactive groups that can be involved in the hydrolysis-condensation reactions. The resulting materials are known as organic-inorganic hybrids (Schmidt, 2000), also commonly designated as ceramers due to the combination of the properties of ceramics (high modulus, thermal stability and low coefficient of thermal expansion) with those of organic polymers (high ductility, molecular flexibility and low temperature processing). These materials are often also known as phase-interconnected nanocomposites because of the high level of interconnection between the two phases with domain phase sizes approaching the nanometer scale. Ceramers have a huge potential for application in a variety of advanced technologies (Eckert, 2001; Sanchez, 2011; Kickelkick, 2006), both as structural materials and functional materials, such as catalyst supports, protective coatings (Messori, 2003, 2004a); Toselli, 2007; Fabbri, 2008), sensors (Rovati, 2011; Fabbri, 2011), and active glasses.

Optical fiber sensors are traditionally obtain by fully-inorganic sol-gel process that allows the creation of Si-O-Si linkages between the silica core of the optical fiber and the silica porous matrix deriving from the jellification of the sensitive dye-doped colloidal suspension (Cao, 2005). However, this approach cannot be easily applied in the case of plastic optical fibers, due to the ineffective interaction between the organic PMMA optical fiber core (Lin, 2000).

The approach proposed in this work consists in the fabrication of a pH sensor based on an organic-inorganic hybrid matrix obtained by a sol-gel process, doped with a pH sensitive indicator, to be applied at the tip of plastic optical fibers. Inside the sensitive element, the organic part of the hybrid glass, polyethylene oxide (PEO), plays a multiple role: (i) it allows good adhesion between the plastic optical fiber and the whole sensitive element; (ii) its weak hydrophilicity permits to tune the kinetic of response of the sensor by influencing the

diffusion rate of the analyte inside the porous matrix and its interaction with the indicator; (iii) its nature of organic compound allows better physical and chemical interactions with the organic pH indicator dispersed in the hybrid matrix, thus reducing problems of leaching and enhancing the response rate of the sensor.

2.1 Polymer-silica sol-gel hybrids for pH indicators entrapment

Several studies have been performed on the preparation of pH sensors obtained by immobilization of a pH sensitive indicator onto the tip or onto the sides of traditional silica core optical fibers by means of the sol-gel technology (MacGraith, 1991; Gupta, 1998; Alvarado-Mendez, 2005; Rayss, 2002; Miled, 2002; Dong, 2008; Lee, 2001), thanks to the outstanding flexibility of this chemical technique. For this application, silica glass is usually prepared by sol-gel via hydrolysis and condensation reactions of the precursor tetraethylorthosilicate (TEOS), in the presence of water (to promote hydrolysis), ethanol (to enhance the miscibility of water and TEOS), and an acid or base catalyst. The resulting silica-based glass can be attached to the silica core of traditional optical fibers by uncladding of a portion of the optical fiber and activation of the silica core by immersion in nitric acid in order to form silanol groups onto the optical fiber surface, followed by deposition of the silica sol containing the pH indicator on the naked part of the optical fiber (Sharma, 2004). This procedure allows the creation of Si-O-Si linkages between the silica core of the optical fiber and the silica porous matrix deriving from gelification of the sensitive dye-doped colloidal suspension, thus achieving a permanent bonding between the sensitive element (sol-gel glass doped with indicator) and the optical fiber itself which will transmit the optical signal.

The nature of organic compound of the pH sensitive indicators can cause a scarce affinity with the inorganic silica matrix (Wu, 2006). This induces leaching out of the sensitive species from the support, and the only effective way to overcome this problem is to create covalent bonding or stabilizing interactions between the pH indicator and the embedding matrix; nevertheless, this approach demonstrated to strongly reduce the indicator's sensitivity because of the reduction of its mobility within the solid matrix, and to cause slow response.

If the same approach described above for the preparation of pH optical sensors applied to silica-core optical fibers would be applied to the new generation of plastic optical fibers, an ineffective interaction between the organic PMMA core and the inorganic silica sensitive element would be found, resulting in an unstable device with physical discontinuity between the optical fiber and the sensitive head applied onto its tip.

2.2 Plastic optical fibers and sensing probe

The developed sensor is based on a low-cost plastic optical fiber terminated with a sensing element. The sensing matrix takes advantage of the use of PEO/silica organic-inorganic hybrids obtained from sol-gel technique, and in particular of the weak hydrophilicity of PEO chains crosslinked by sol-gel reactions with TEOS. In the presence of aqueous solutions, the PEO domains can swell allowing a faster ion exchange with the surrounding solution. The extent of swelling depends on the PEO molecular weight and, in addition to the beneficial effect on ion diffusion rate, it leads to changes of the volume of the sensing element that can causes problems to the extraction of the pH information. A good balance of

ion diffusion rate, adhesion to PMMA fibers and volume change was obtained using a PEO having a molecular weight 8000. A schematic diagram of the probe configuration is reported in Fig. 1. Basic working principle is based on a classic colorimetric approach. The white interrogation light $I_i(\lambda)$ is scattered and absorbed by the sensing matrix that include a pH sensitive indicator (indicator). The change in color of this indicator induces a change in the optical spectrum of the outgoing light $I_o(\lambda, \text{pH})$ collected by the fiber. Analyzing the spectrum of this optical signal the pH of the solution can be recovered.

Absorption operated by the indicator, which depends on the pH value of the solution, induces a change in the optical spectrum of the outgoing light collected by the fiber.

As the pH varies, the relative fractions concentrations of the dissociated $[A^-]$ and protonated $[HA^+]$ forms of the indicator are changed according to the Henderson-Hasselbalch equation:

$$\begin{aligned} [HA^+] &= \frac{C}{1 + 10^{\text{pH} - \text{pK}_a}} \\ [A^-] &= \frac{C}{1 + 10^{\text{pK}_a - \text{pH}}} \end{aligned} \quad (1)$$

where K_a is the acid dissociation constant, $\text{pK}_a = -\log K_a$, and C is the concentration of the indicator. According to Fig. 1, interrogation light $I_i(\lambda)$ is absorbed and scattered by the sensing matrix generating the outgoing light $I_o(\lambda, \text{pH})$. According to the modified Beer-Lambert law, the spectrum of the outgoing light $I_o(\lambda, \text{pH})$ can be estimated from the spectrum of the entering light $I_i(\lambda)$ (Splinter, 2006):

$$OD(\lambda, \text{pH}) = \log \frac{I_i(\lambda)}{I_o(\lambda, \text{pH})} = \alpha_A(\lambda) \cdot d(\lambda, \text{pH}) \cdot [A^-] + \alpha_{HA}(\lambda) \cdot d(\lambda, \text{pH}) \cdot [HA^+] + G \quad (2)$$

$$OD(\lambda, \text{pH}) = C \cdot d(\lambda, \text{pH}) \cdot \left\{ \frac{\alpha_A(\lambda)}{1 + 10^{\text{pK}_a - \text{pH}}} + \frac{\alpha_{HA}(\lambda)}{1 + 10^{\text{pH} - \text{pK}_a}} \right\} + G$$

where $OD(\lambda, \text{pH})$ is the optical density, $\alpha_A(\lambda)$ and $\alpha_{HA}(\lambda)$ the specific extinction coefficients of the two forms, $d(\lambda, \text{pH})$ the mean optical path of the photons through the probe, and G a parameter related to the "geometry" of the probe. Hence, we consider the relative variations of the outgoing light as the sensor response:

$$\begin{aligned} \mathfrak{R}(\lambda, \text{pH}) &= \frac{I_o(\lambda, \text{pH}_{ref}) - I_o(\lambda, \text{pH})}{I_o(\lambda, \text{pH})} = -\frac{\Delta I_o(\lambda, \text{pH})}{I_o(\lambda, \text{pH})} = \frac{\Delta OD(\lambda, \text{pH})}{\log(e)} \\ \mathfrak{R}(\lambda, \text{pH}) &= \frac{C \cdot d(\lambda, \text{pH})}{\log(e)} \cdot \left\{ \frac{\alpha_A(\lambda)}{1 + 10^{\text{pK}_a - \text{pH}}} + \frac{\alpha_{HA}(\lambda)}{1 + 10^{\text{pH} - \text{pK}_a}} \right\} - Bl(\lambda, \text{pH}_{ref}) \end{aligned} \quad (3)$$

where baseline Bl is

$$Bl(\lambda, \text{pH}) = \frac{C \cdot d(\lambda, \text{pH}_{ref})}{\log(e)} \cdot \left\{ \frac{\alpha_A(\lambda)}{1 + 10^{\text{pK}_a - \text{pH}_{ref}}} + \frac{\alpha_{HA}(\lambda)}{1 + 10^{\text{pH}_{ref} - \text{pK}_a}} \right\} \quad (4)$$

and pH_{ref} is the reference value of pH that annuls response $\mathfrak{R}(\lambda, \text{pH})$.

Fig. 1. Drawing of the probe configuration: $I_i(\lambda)$ is the interrogation light absorbed and scattered by the sensing hybrid matrix; $I_o(\lambda, pH)$ is the outgoing light containing the information of interest.

3. Prototype sensors

The developed sensor is based on a low-cost plastic (PMMA) optical fiber (Fort Fibre Ottiche, Italy) with core diameter 1 mm and numerical aperture 0.22. The total length of the taken optical fiber is 35 cm. The pH sensitive indicator (phenol red) was immobilized on the tip of the optical fiber taking advantage of the use of PEO to make hybrid gels. In the next sections the details about the prototype preparation are provided.

3.1 Chemicals

α,ω -Hydroxy-terminated poly(ethylene oxide) (PEO; purchased by Fluka, Milan, Italy) having a number-average molecular weight of 8000 g/mol, 3-isocyanatopropyltriethoxysilane (ICPTES; Fluka, Milan, Italy), tetraethylorthosilicate (TEOS; Aldrich, Milan, Italy), hydrochloric acid at a 37% concentration (HCl, Carlo Erba, Milan, Italy), and ethanol (EtOH; Carlo Erba, Milan, Italy) were high-purity reagents and were used as received without further purification. Phenol red (PR; Aldrich, Milan, Italy) was used as received as pH-sensitive indicator. α,ω -Triethoxysilane-terminated poly(ethylene oxide) (called PEOSi in the following) was prepared by the bulk reaction of the corresponding α,ω -hydroxy-terminated poly(ethylene oxide) with ICPTES (molar ratio of 1:2). The reaction was carried out in a 50 mL glass flask equipped with a calcium chloride trap and under magnetic stirring at 120 °C for 3 h, following a reported procedure (Messori, 2004b).

3.2 Preparation of the sensitive matrix

PEOSi/SiO₂ hybrids were prepared by dissolving TEOS and PEOSi in EtOH at a concentration of about 60% (w/v), and then adding water (for the hydrolysis reaction) and HCl in the following molar ratios with respect to the ethoxide groups of both the PEOSi and TEOS: EtO-/H₂O/HCl 1/1/0.05. Then pH indicator PR was dissolved into the mixture (approx. 4 mg/50 mL) and left under stirring at room temperature for 15 min. The homogeneous indicator-doped mixture was finally heated at 60 °C for 15–30 min (in order to approach the gel point) before application of a drop onto the tip of the optical fiber.

The hybrid material was characterized by final organic:inorganic weight ratio of 8:2 (assuming the completion of the sol-gel reactions). Samples were coded as follows: PEO-PR

where PEO refers to the polymer phase within the hybrid and PR indicates the pH indicator entrapped in the hybrid.

3.3 Preparation of the sensing probe

The polymer-silica hybrid matrix, doped with pH indicator, was prepared as above reported; after the thermal treatment at 60 °C for 15–30 min, condensation reactions involving ethoxysilane groups induced an increase in the viscosity of the solution, leading to a gel-like material. A drop of hybrid gel was then manually deposited onto the tip of the plastic optical fiber, and the optical fiber allowed to dry at atmospheric pressure and room temperature for 2 h and then cured at 105 °C for 24 h to increase the extent of the sol-gel reaction and to induce a strong interfacial connectivity between the sensing matrix and the POF. The dimension of the hybrid sensitive element was optimized looking for the best compromise between the rate of the response of the optical sensor and its physical and mechanical robustness. The final appearance of the sensing probe is reported in Fig. 2.

Fig. 2. Picture of the sensing probe: polymer-silica sol-gel hybrid deposited onto the tip of the POF.

4. Instruments and methods

In this section the instruments and methods used in the experimental activity are presented. To evaluate the performance of the developed probes a custom optical setup has been realized and characterized. Afterwards, ahead of the sensor characterization, the spectral properties of the sensing indicator have been determined.

4.1 Design and characterization of the optical setup

The instrumental setup realized to interrogate the sensing probe is shown in Fig. 3. It performs the illumination of the tip of the optical fiber and the collection of the reflected beam.

It consists of a white light source WLS (tungsten halogen lamp, HL-2000-HF, Avantes, Netherlands), two fiber-optic collimators (PAF-SMA-5-550, OFR, USA), a cube beam splitter (039-1130, Optosigma, USA), a glass electrode pH-meter (Eutech Instrument, pH 700 Netherlands) and a grating spectrometer OSA (PMA-11 C5966, Hamamatsu, Japan) equipped with a charge-coupled device detector. The beam, generated by the WLS, is delivered to the first collimator through a 0.5 m long multi-mode optical fiber (1 mm core diameter, NA 0,51, Fort Fibre Ottiche, Italy). The beam splitter, fed by the collimated light, transmits the beam to the second collimator that re-focuses it into the optical fiber sensor, whose sensitive tip is submerged into the testing solution. The glass electrode pH-meter monitors the testing solution.

The colored light reflected by the optical fiber sensor goes back over the optical fiber and reaches the entrance optical fiber bundle of the grating spectrometer OSA, after being deflected by the beam splitter. The measuring spectral range of our spectrometer covers the visible spectrum from 400 to 800 nm. The maximum resolution achievable is 0.487 nm; it has been computed dividing the spectral range by the number of acquisition spectral channels (400nm/820nm). In fact, according to the Rayleigh criterion, which points out how wide the spectral distance between two lines must be to allow their recognition as separate lines, the spectral width of the individual lines must be markedly smaller than their spacing. The theoretical limit computed for our spectrometer does not take into account channels crosstalk and other non-idealities.

Fig. 3. Schematic design of the optical setup realized. WLS: tungsten halogen lamp, OSA: grating spectrometer.

In order to avoid the corruption of the spectral properties of the outgoing light because of the response of the measuring system and the transmission of the sensing POF, the spectral

response of the interrogation system was measured using the experimental setup depicted in Fig. 4.

For this purpose, two measurements were performed; in particular, firstly, as shown in Fig. 4a, the light spectrum at the output of a 35 cm-long POF without sensing matrix was measured using spectrometer OSA. Afterwards, the spectrometer was reassembled as in Fig. 4b using the same 35 cm-long POF.

Fig. 4. Experimental setup used to measure the spectral response of the interrogation system. (a) The light spectrum at the output of a 35 cm-long POF without sensing matrix was measured. (b) Afterwards, the spectrometer was reassembled and in front of the POF a calibrated reflectance target acted as a diffuser.

A NIST (National Institute of Standards and Technology) calibrated reflectance target ($\mathfrak{R}=99\%$, Labsphere, USA) acted as a lambertian diffuser in front of the POF. This target has

a spectrally flat ($\pm 4\%$) reflectance over the UV-NIR spectrum. Spectrum $I_0(\lambda)$ acquired by OSA can be calculated as:

$$I_0(\lambda) = k \cdot \mathfrak{I} \cdot S_r(\lambda) \cdot \tilde{I}_i(\lambda) \quad (5)$$

where k is a coupling constant, $\mathfrak{I}$ the calibrated target reflectance assumed not dependent on the wavelength and $S_r(\lambda)$ the interrogation system response. Therefore, the ratio $\frac{I_0(\lambda)}{I_i(\lambda)}$ has been used to study the spectral trend of the interrogation system response.

In particular, the transmission features of the POF have been determined from the comparison between the spectrum of the halogen lamp WLS and $\tilde{I}_i(\lambda)$; as reported in literature (Feng, 2011), the POF exhibits an attenuation peak at about 750 nm.

4.2 Indicator optical characterization

Subsequent to the characterization of the optical properties of the interrogation system, in this section we are going to report the optical measurements performed to determine the spectral properties of the sensing indicator.

The absorbance spectra of phenol red in distilled water at different pH values were measured using a commercial spectrometer (Lambda 19 Spectrometer, Perkin Elmer USA); thus the absorption values at 560 nm were normalized and fitted by the Boltzmann (sigmoidal) function according to Eq. (6).

$$S = S_0 - \frac{a}{1 + e^{-\frac{pH - pK}{b}}} \quad (6)$$

where a , b and S_0 are constants.

4.3 Sensors characterization

In our disposable sensor, the spectrum of the outgoing light $I_0(\lambda, pH)$ and thus the response of the sensor $\mathfrak{R}(\lambda, pH)$ is determined by two phenomena: the photon diffusion process in the hybrid-material drop applied to the optical fiber tip and the absorption of the indicator. Both these processes are pH-dependent; indeed, the size of the hybrid drop depends on the pH level of the solution and so, varying the pH, different photon optical paths are possible.

In order to characterize the sensing probe, measurements were performed at room temperature in standard pH buffers (Fisher Scientific) evaluating the response of the disposable sensor $\mathfrak{R}(\lambda, pH)$. According to the schematic representation in Fig. 5, the sensitive tip of the POF was immersed in 20 ml of sample solution; measurements were taken at 5 min after changing the pH level, monitored with the reference pH meter, which has a measuring uncertainty of 0.05 units. The system response $\mathfrak{R}(\lambda, pH)$ was calculated acquiring a reference spectrum $I_0(\lambda, pH_{ref})$ at $pH_{ref}=10$ and varying the pH of the solution from 9 to 4.

To evaluate the temporal response of the probe to a rapid change in pH, the pH value of the solution has been staircase decreased from 8 to 5 with unitary steps of duration 10 s each. The same protocol has been applied for the reverse direction of the staircase, i.e. from 5 to 8. Also during these measurements the testing solution was continuously monitored with the reference pH meter. The temporal response has been investigated firstly visually inspecting the color changes and then acquiring continuously the spectrum $I_0(\lambda, pH)$ and calculating $\mathfrak{R}(\lambda, pH)$ as a function of time.

Fig. 5. Schematic representation of the measurement procedure. Firstly, a reference spectrum $I_0(\lambda, pH_{ref})$ at $pH_{ref}=10$ was acquired. Then, the pH has been changed from 9 to 4, using standard pH buffers and the response of the disposable sensor has been taken at 5 min after changing the pH level, monitored with the reference pH meter.

5. Results and discussion

The optical properties of the interrogation system have been determined according to the measurement procedures reported in section 4.1. Spectra $I_0(\lambda)$, $\tilde{I}_i(\lambda)$ and their ratio are shown in Fig. 6 together with the emission spectrum of the halogen lamp WLS. Other distortions of the halogen lamp spectrum are due to the transmission properties of the optical components used in the interrogation setup.

Figure 6b shows the ratio $\frac{I_0(\lambda)}{\tilde{I}_i(\lambda)}$ that, according to Eq. (5), is proportional to the spectral response of the interrogation system. The spectral region of interest in our application is 500-600 nm, i.e. green-yellow-red; since the response of the interrogation system is satisfactorily flat in this interval, as shown in Fig. 6b, the information of interest is not corrupted.

The spectral properties of the sensing indicator have been measured according to the procedure reported in section 4.2. The absorbance spectra of phenol red at different pH values are shown in Fig. 7; the maximum of all the spectra is well visible at the wavelength of about 560 nm. According to literature (Wang, 2003), at this wavelength the phenol red

Fig. 6. Spectra of $I_i(\lambda)$ and $I_o(\lambda)$ (a), and spectral response of the interrogation system (b). In (a), the upper dashed blue line represents the emission spectrum of the halogen lamp WLS. The spectral region of interest for our application is 500-600 nm.

molecules exhibit a very low absorption that can be significantly enhanced by increasing the pH of the solution. Note that the absorbance at 560 nm showed a sharp transaction when the pH of the solution changed from 5 to 8.

As shown in Fig. 8, the point of inflection (sigmoidal fitting function Eq. (6) equal to 0.5) corresponds to the apparent pKa value of 7.9. This value is in good agreement with the pKa of phenol red in aqueous solution reported in literature (Budavari, 1989).

The sensor characteristics have been measured according to the procedure reported in section 4.3. As shown in Fig. 9, a visual inspection of the probe at two different pH values of the solution underlines the swelling described in the previous sections. The spectra $\Delta I_0(\lambda, pH) = I_0(\lambda, pH) - I_0(\lambda, pH_{ref})$ acquired at different values of pH are shown in Fig. 10.

Observing Fig. 10, it is clear that the swelling/shrinking processes induce a change in the amplitude of the whole spectrum. As far as these phenomena are concerned, parameters A and S were considered to quantify the response of the sensor. In particular, as shown in Fig. 11, given a typical spectrum $\Delta I_0(\lambda)$, parameter A and S were calculated as follow: (i) the two maxima $M_1 = (\lambda_1, I_1)$, $M_2 = (\lambda_2, I_2)$ and the minimum $m = (\lambda_3, I_3)$ of $\Delta I_0(\lambda)$ have been calculated using a standard Matlab[®] routine; (ii) the equation of the line joining M_1 and M_2 has been calculated as $L(\lambda) = \frac{I_2 - I_1}{\lambda_2 - \lambda_1}(\lambda - \lambda_1)$; (iii) A has been defined as $L(\lambda_3) - I_3$ and S as $L(\lambda_3)$.

As shown in Fig. 11, parameter S is correlated to the spectrum amplitude and thus to swelling/shrinking processes while A is strictly related to the absorption (at about $\lambda = 560$ nm) performed by the indicator. In Fig. 12, parameters A and S were calculated for each spectrum acquired and the normalized results are plotted against pH.

Fig. 7. Absorbance spectra of phenol red at different pH values.

Fig. 8. Absorbance versus pH and Boltzmann interpolation function.

Fig. 9. Two shapes appearance of the probe PEO8000-8:2-PR after 5 min of immersion in basic (left) and acid (right) solution.

Fig. 10. Spectra of $\Delta I_0(\lambda)$ acquired at different values of pH. The light absorption of phenol red is well visible at the wavelength of 560 nm. Swelling/shrinking processes induce a change in the amplitude of the whole spectrum.

Fig. 11. Graphical definition of the two characteristic parameters. Parameter A is strictly related to the absorption performed by the indicator, whereas S is correlated to the swelling/shrinking processes.

Parameter A exhibits a sharp transaction changing the pH of the solution from 5 to 8. The experimental data was fitted by the Boltzmann (sigmoidal) function according to Eq. (6). The point of inflection (sigmoidal fitting function equal to 0.5) corresponds to the apparent pK'_a value $pK'_a = 6.8$. This value is lower than the measured value of $pK_a = 7.9$ of phenol red in aqueous solution (Fig. 8). However, the pK_a value can be shifted to lower pH with increasing ionic strength as observed by Holobar et al. (Holobar, 1993), and this phenomenon could occur also in our hybrid matrix.

An increase in the value of pH determines a higher swelling of the hybrid drop, as shown in Fig. 9, which leads to an increase in the distance between the optical fiber tip and the probe-liquid interface and a consequent decrease in the mean optical path of the photons through the probe. As a consequence, according to Eq. (3), also the sensor response diminished. Coherently, as shown in Fig. 12b, parameter S decreased linearly with the pH of the solution. The linear fit of the experimental data exhibits a slope of 0.17.

The response time of the probe PEO8000-8:2-PR was measured. A trade-off between the response time and the indicator leaching together with the adhesion between the sensitive matrix and the POF is required. In fact, high molecular weight PEO improves the adhesion and diminishes the indicator leaching, but causes long response time of the sensor. In general there are two different time constant; in fact, when pH is changed from 10 to 3, the sensor was found to reach 90% of the regime signal intensity (τ_{90}) between 1 and 2 seconds, while changing the pH from a low value to a high one resulted in longer response times that can be quantified in the order of some minutes, i.e. the kinetics depends on the direction of the

Fig. 12. Normalized A and S as a function of the pH value. Absorption parameter A is fitted by the Boltzmann function (a). Linear fit of the normalized S exhibits a slope of 0.17 (b).

pH change (the 90% of the regime signal intensity was not reached in the time scale of the experiment, i.e. 10 seconds per step). This agrees with other experimental observations reported in literature (Ismail, 2002; Badini, 1995). Empirical quantification of this sensor behavior is shown in Fig. 13.

Fig. 13. Normalized A as a function of time for different values of pH. The pH value of the solution has been staircase changed from 8 to 5 and then backs from 5 to 8 with unitary steps of duration 10 s each.

In Fig. 13, the parameter A (blue line) is represented as a function of time together with the value of the reference pH (dashed line).

We think that the slow response time observed changing the pH from 5 to 8 is strictly associated with the swelling/shrinking kinetics of the sensitive drop. Finally, the kinetics of swelling/shrinking has shown to be dependent on the direction of the pH change. This complex mechanism meddles in the photons propagation in the sensitive drop and thus in the response of the probe.

6. Characteristics of the developed pH sensor

The mean lifetime of disposable sensors, checked in the continuous mode operation at a pH level in the middle of the range, is two days. The reusability, tested with a series of probes checked once a day at a pH level in the middle of the range and preserved dry, has a mean life of one month. Table 1 shows these and other analytical parameters of the sensor.

Parameter	Value
Optical interrogation wavelength	560 nm
Probe diameter	2 mm (typ.)
Measuring pH Range	5-8
Sensitivity	0.5 a.u./pH unit (max.)
Response time pH 8 to pH 5	2 s (max.)
Response time pH 5 to pH 8	4 min (typ.)
Reusability	1 month
Mean lifetime	2 days
Cost (few probes)	less than 0.7 Euro

Table 1. Characteristics of the developed disposable pH probe.

7. Conclusions

We present a disposable sensor based on a low-cost plastic optical fiber that covers an important pH range for physiological applications, e.g. in medicine and biotechnology, with excellent sensitivity. Some other advantages of the proposed sensor are: simple realization process, small size, high resistance to aggressive environments and electrical isolation.

The sensor characterization has been performed using a simple optical setup based on a single wavelength measurement. Nevertheless according to Lei (Lei, 2010), a ratiometric approach could improve the sensing overall performance. To this purpose, the isosbestic wavelength, i.e. 480 nm, highlighted in the spectra shown in Fig. 7, could be conveniently exploited.

For practical applications, swelling/shrinking processes could make not trivial the extraction of the pH information and deteriorate the sensor response time. Nevertheless, this phenomenon can be practically cancelled minimizing the size of the sensing element. Large drop volume allows to make the probe fabrication simple and reproducible and to obtain high signal-to-noise ratio but emphasizes the swelling/shrinking effects. Depending on the application, the trade-off among these aspects can establish the optimal drop size.

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This book presents a comprehensive account of recent advances and researches in fiber optic sensor technology. It consists of 21 chapters encompassing the recent progress in the subject, basic principles of various sensor types, their applications in structural health monitoring and the measurement of various physical, chemical and biological parameters. It also highlights the development of fiber optic sensors, their applications by providing various new methods for sensing and systems, and describing recent developments in fiber Bragg grating, tapered optical fiber, polymer optical fiber, long period fiber grating, reflectometry and interferometry based sensors. Edited by three scientists with a wide knowledge of the field and the community, the book brings together leading academics and practitioners in a comprehensive and incisive treatment of the subject. This is an essential reference for researchers working and teaching in optical fiber sensor technology, and for industrial users who need to be aware of current developments and new areas in optical fiber sensor devices.

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