Generating Local Evidence for Palliative and End of Life Care: A STRATEGIC APPROACH TO INTERNATIONAL PARTNERSHIPS AND PROGRAMMES FOR PACIFIC PEOPLES

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MEDICAL AND
HEALTH SCIENCES

BACKGROUND

Auckland, NZ
(research setting)

Pacific Family Carers

AIM

Investigate the end of life circumstances of Pacific people dying at >65 years of age and the experiences and challenges faced by their **family carers** who carry out the bulk of their care.

RESULTS

A range of lived experiences among carers with significant **lifestyle changes** and **coping strategies** e.g. family and church community

METHODS

Interviews, Focus Groups x3, Digital Storytelling Workshop

- 33 family carers
- 24 stakeholders
- 5 family carers, 5 digital stories

Narrative and Thematic Analysis

- Social constructivist framework
- Pacific health models

Knowledge Transfer

- Conferences
- Publications
- Stakeholder and community meetings
- Social media outreach

CONCLUSIONS

- ✓ Involve Pacific family carers in the **development & provision** of palliative and end of life care services
- ✓ Provide **culturally-centred** services to meet the needs of older Pacific peoples and their family carers
- ✓ Develop **partnerships** and programmes with researchers, stakeholders, and Pacific communities to inform practice and policy

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