The Anti-stigma Program for Schizophrenia in Taiwan

Te-Jen Lai, MD, PhD¹, Chia-Ming Chang, MD, PhD²

¹Dept of Psychiatry, Chung Shan Medical University & Hospital, Taichung, Taiwan

²Dept of Psychiatry, Chang Gung Memorial Hospital, Taoyuan, Taiwan

Background: Stigma associated with mental illness is common and is also the main obstacle of mental health care. In 2017, Taiwanese Society of Psychiatry started an anti-stigma program for schizophrenia.

Methods: We present the results of action group, anti-stigma activities, and the survey of knowledge and attitudes about stigma to schizophrenia.

Conclusion: More actions should be taken in the anti-stigma program for schizophrenia, to establish the friendly community and reduce the prejudice of the publics and the suffering of people with mental illness.

Results: The action group was held to design the anti-stigma program and its implementations. Several anti-stigma activities were taken place in different psychiatric hospitals in northern, middle, and southern Taiwan. On-line survey of stigma to schizophrenia was done to the patients with schizophrenia, the publics, and medical students. Finally, a press conference was held to present the results of the surveys of knowledge and attitudes to schizophrenia, to emphasize the importance of correcting the common myths and discriminations to the schizophrenia.

2017/01/13	Refuse Stigma! Show Hope!	Taichung
2017/03/03	Sakura Bloom Festival	New Taipei City
2017/05/26	Dragon Boat Festival	Taoyuan
2017/08/29	Press Conference for stigma survey	Taipei
2017/09/01	Privacy in the Pubic Eyes	Taipei
2017/09/26	Phoenix Cup Game	Nantou
2017/10/20	Anti-stigma Poster Shows	Tainan