Hypercomplexity new paradigm in mental health?

Autor: Psiq. Gregorio N. Alvarez – Co-autor: Psiq. Ma. Celeste Alvarez. –Psiq. Clarisa Alvarez- Clínica de Salud Mental “CRECER”- Santa Fe. Argentina

INTRODUCTION:

The relationship of the human being both with the world around him and in his inner core has experienced substantial changes in the allocation of significant securities, to concepts that humanity has considered of vital importance throughout its history.

The values that sustained it have lost their validity and have become a Hard backpack to continue charging.

We currently live in an unstable world that does not promise a promising future fort he humanity. A game of powerful nations, possessing arms structures devastating character with possibilities to put an end to humanity. And the they play in a relationship in which they strive to demonstrate how they will submit mutually ignoring the final result of this confrontation.

Economic power has become the only significant reference of existence world (omnipotent economic materialism), power in which the human being has been stripped of the very nature of its existence (humanistic aspects) to become an object of said machinery, generating estates and servers that sustain and sustain at all costs (economic corporation, financial banking systems etc) that model the existence of all those who inhabit our planet BUT it submerges to millions of beings in misery.

And let's not forget that an unimaginable voracity produces in the environment a global destruction on a planetary level that would make the earth uninhabitable in100 years. The environmental imbalance has begun to manifest itself in droughts, water imbalances, weather and climate variability.

ANALYSIS AND DISCUSSION:

We must experience today as a new expression in the history of humanity? Or it has remained dormant as a virtual expression of the possibilities of man (potential phenomenology of his intimate nature)

It is an emergent expression of an almost marginal character and failed in the time-space journey of our existence or... .. the necessary change for its adaptation to a universe of values according to a hyper-modernized hypermodernity ???

And the fundamental question how and why have we come to this situation and how address it?

All these questions directly or indirectly have been a constant concern to throughout the years of scientists, biologists, philosophers, psychiatrists, anthropologists psychologists and sociologists. Could we suggest that the human being in a quasi-suicidal behavior

Heading towards suicide (end of human existence)? Our analysis and starting point at this crossroads leads us to one of the great referents of psychiatry: Dr. Alonso Fernández.

On the use and role of the TECHNIQUE in the human being, said author states that although the technique can be considered part of knowledge can never have the character of the wisdom of the human being since she is the daughter of success.

While the technique has invented and invented all objects including weapons, no YOU ARE INTERESTED in their destructive power but they MATTER because they are powerful, effective and fulfill their mission. Ortega y Gasset has said that man has invented the technique given the indomitable nature of nature, indirectly of being able to live in

harmony with it, the one that immerses man in an artificial world that takes him away progressively of his human nature and makes him lose the characters that have defined as such.

It was Edgard Morín who conceptually developed the nature of man being the beacon that alerted scholars, encouraging them to create new approaches in the relationship that man himself occupies in living nature.

For the first time the complex nature of the human being is expressed as opposed to the divine omnipotence of his existence, perhaps the processes necessary to resolve human existence are inscribed in this.

In this situation it is important to clarify the meaning of the complexity of the human being.

It is inevitable the reference of the great advantages that nature developed in homo sapiens in relation to their peers, in this way it became an attractor of natural processes and facts that led to a development capable of circumventing the fate of its disappearance like the rest of the hominids, their historical companions.

According to anthropological studies of homo sapiens, he could have received the neuronal growth factor that allowed him to evolve cognitively in such a way that he separated them definitively from his peers.

THE SOCIALIZATION was the consequence of this ascending evolution with a characteristic that was proper according to the group of congeners that joined, geographical place (racial origin) customs ideas, beliefs.

In other words it meant the coexistence of disparate groups that by necessity had to unite to ensure survival, leaving aside their personal interests, creating values that would ensure the integration of all its components by amalgamating the individualities and the renunciation of primitive individualism, far from cavern and everything created around it was diluted before the new reality.

This new human generation set up a completely different individual from the pre-social, social, thousands of new aspects, ideas, experiences, beliefs, knowledge, feelings, new emotions, new social relationships.

This new emergency Morin in his "lost paradigm" is defined as "COMPLEXITY" to refer to an entity that loses its simple nature to settle for thousands of attributes that cross it, constitute it. They build and define it.

In this capacity for transformation, adapting to the situations that compensate it, to change according to needs, using its constituent attributes, self-building, self-redefining processes initiated and restarted indefinitely (Maturana) we find one of the imprints of human nature.

Currently we see in technology in its general hyper development in the human being it ends in hyper complexity since finally it not only takes it away from the world of nature but also introduces it into the world of virtual reality.

This virtual world makes the existence of a HUMAN CHARACTER impossible to be lived, bank transactions are impossible to be carried out without the virtuality of the Internet, department stores could not sell their products due to lack of digital connection with their buyers, security systems would collapse due to the impossibility of accessing digital information, new governments that arise from the hand of the Internet, the way young people interact. Written as "paradoxical happiness" "liquid love" "liquid fear" by Gilles Lipovetzki point to the profound changes in values that are generated within our youth.

In fact, the predictable or expected result of a Newtonian physics has been gradually replaced by the criteria of emergency in the historical process of a life or of a species, this means that unexpected processes arise that generate a change, which condition a catastrophe or a fundamental change for survival.

CONCLUSIONS:

New authors of a dynamic psycho character state that the study of relationships is fundamental, as they are involved in the distortion process, understanding the existence of a relational world that would actively act in the dynamic psycho processes of mental disorders. The relational character would mobilize processes and energies in the patient's external universe that would cause an imbalance in the dynamics of his world.

The fundamental thing is to try to change the look of these developments trying to identify the factors that distort the evolutionary process and define the convenience or not of the emergency.

Fuerzas externas disruptivas

Consecuencias de factores relacionales parentales

MODELO DE RELACION ENTRE INTERNET Y EL MUNDO DE ARMAS

MODELO RELACIONAL Y SU EXPRESIÓN EN UN PACIENTE →

Bibliography: How Everything is Connected to Everything Else an What It Means for Business, Science and Everyday Life, by Albert-László Barabási, 2003 ;Alonso Fernández: fundamentos de la psiquiatría actual ;Fernando Sancho Caparrini, Introducción a las redes complejas ;Los sentimientos según Schneider y Scheler; María de la Villa Moral Jiménez, Conceptos básicos del paradigma de la complejidad; Contribución a la crítica de la teoría de los sistemas complejos Leonardo G. Rodríguez Zoya; Andres Gonzalez Garcia, Implicación en salud mental de la teoría de la evolución