## Can we predict when a patient regains consciousness by estimated effect-site concentration of propofol at loss of response in TIVA?



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**Background:** We previously showed that we could estimate required concentration propofol for maintenance of anesthesia from the effect-site concentration (Ce) of propofol at loss of response (Ce-LOR) [Fig.1]. Iwakiri H, et al. showed that Ce-LOR and Ce at recovery of response (Ce-ROR) were similar in volunteer study [Fig.2]. Then we made a hypothesis that we also could predict Ce at recovery of response (Ce-ROR) from Ce-LOR. Then we compared Ce-LOR and Ce-ROR in surgical patients under total intravenous anesthesia. We also investigated the influence of opioid concentration at recovery of response.

**Materials and Methods**: After approval of the ethical committee of our institute and obtained written informed consent from the participants, we enrolled 26 female patients (aged 33-65) who were scheduled mammectomy for breast cancer. Besides the standard monitors, we used BIS monitor (BIS-XP) and all raw EEG packet as well as EEG derived parameters were recorded on a computer using our original software "BSA for BIS". Propofol was infused using TCI pump (TE-371; TERUMO, TOKYO, JAPAN). Target concentration was adjusted so that Ce of propofol was gradually increased (about 0.3 µg/mL/min) and Ce-LOR was determined [Fig.3]. After insertion of LMA, anesthesia was maintained by propofol and remifentanil. For transitional opioid, fentanyl 0.1 mg was administered near the



**Results**: Average of Ce-ROR was  $1.61\pm0.55 \mu$ g/mL (Mean±SD) and it was slightly but significantly lower than that of Ce-LOR;  $1.94\pm0.66 \mu$ g/mL. The correlation coefficient between them was 0.62 [Fig.4]. And Ce-Opioids had little influence on the difference of Ce-LOR and Ce-ROR. Correlated co-efficient between Ce-opoids (Ce-fentanyl + Ce-remifentanil) and the difference between Ce-LOR and Ce-ROR was 0.39 [Fig.5].

end of surgery. We defined Ce-Opioids as the sum of Ce of fentanyl (Ce-Fen) and Ce of remifentanil (Ce-Remi) at recovery of response. We compared Ce-LOR and Ce-ROR. We also compared the difference of Ce-LOR and Ce-ROR, and Ce-Opioids.



(presented at EuroAnaesthesia2016) (by Iwakiri, et al. 2005)

	Mean ± SD (range)
Age (yr)	$52.8 \pm 9.0$ (33-65)
Weight (kg)	$55.3 \pm 7.9$ (43.0-70.0)
Height (cm)	158.8 ± 4.1 (151.5-167.0)

[Table 2] Demographic data

**Discussion**: The correlation coefficient between Ce-LOR and Ce-ROR was not so high, which indicated that we could not precisely predict when the patient regain response to verbal commands. Of course, patients with high Ce-LOR tended to regain response at rather high Ce of propofol. Considering the report in volunteer study by Iwakiri, et al., wound pain and Ce-opioids would be the considerable cause of this uncertainty.

It is known that Ce-LOR decreased when opioid was coadministered (Schraag S, et al.). In the current study, all participants received similar sugery, so their wound pain was not so widely differed. Then we expected that Ce-Opioids had some influence on Ce-ROR. However, as shown in Fig.5, Ce-Opioids had little effect on the relation between Ce-LOR and Ce-ROR. One possible cause would be the estimation error of TCI system.

**Conclusion**: Although Ce-ROR was fairly well correlated with Ce-LOR, we could not precisely predict when a patient regains consciousness from Ce-LOR. Furthermore Ce-Opioids had little influence on the relation between Ce-LOR and Ce-ROR.

## References

- 1. Iwakiri H, et al. Anesth Analg 2005;100:107-10
- 2. Kang H, et al. J Anesth 2017;31:502-9
- 3. Schraag S, et al. Anesth Analg 2006;103:902-7