

# Enhanced UVA-induced cyclobutane pyrimidine dimer formation by silymarin without increased mutagenesis in cultured epithelial cells

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**Introduction.** Silymarin is a phytochemical extracted from the seeds of milk thistle (*Silibum marianum*). The application of the plant extract in the UV-protection of the skin is intensively studied due to its antioxidant and anti-inflammatory properties. However, the possible phototoxic effect of the polyphenol was also shown. Based on these findings the dermatological application of this polyphenol is fairly controversial.

ROS scavenger



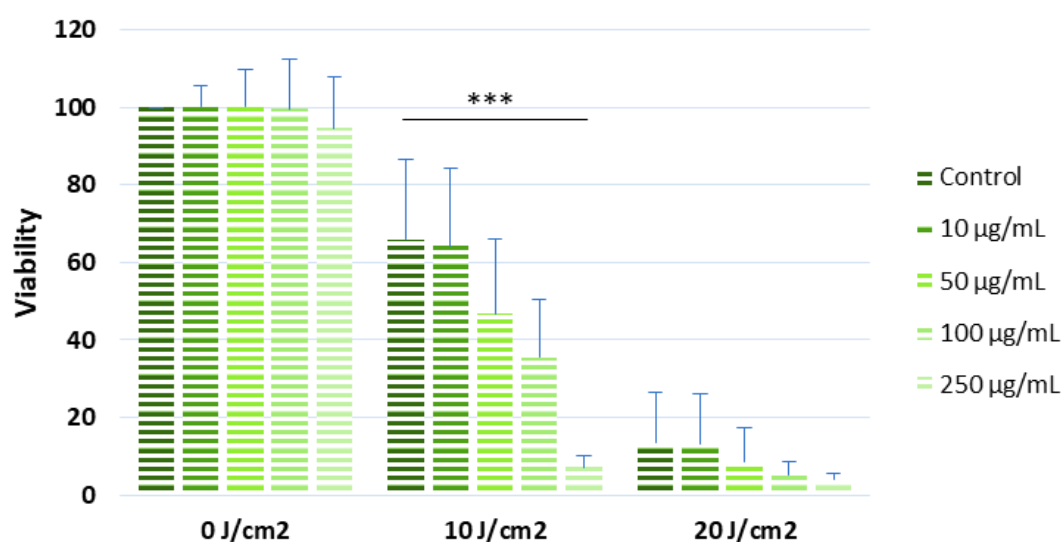
UV-A photosensitizer

**Aim of study:** to investigate the effects of silymarin on the viability, ROS (reactive oxygen species) production, CPD (cyclobutane pyrimidine dimer)-formation and mutagenesis on UVA-exposed epithelial cells.

## Materials and methods.

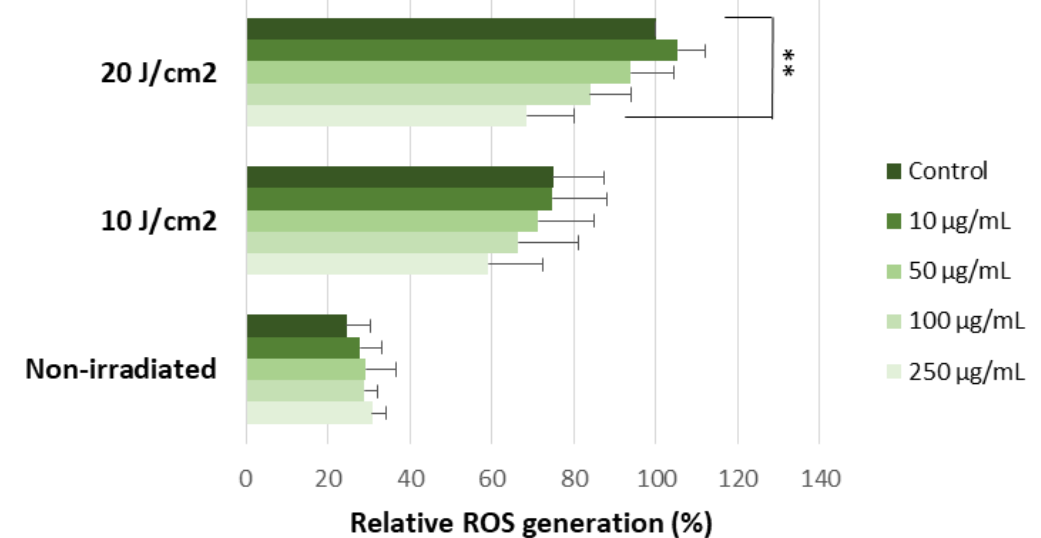
HaCaT immortalized keratinocyte and CHO (Chinese hamster ovary) cell lines were treated with silymarin for 30 min, then exposed to 10 or 20 J/cm<sup>2</sup> UVA. Viability, ROS production, cyclobutane pyrimidine dimer (CPD) formation and HPRT gene mutagenesis of the cells were measured by flow cytometry, CPD-specific ELISA and HPRT gene mutation assay, respectively.

## Cell viability



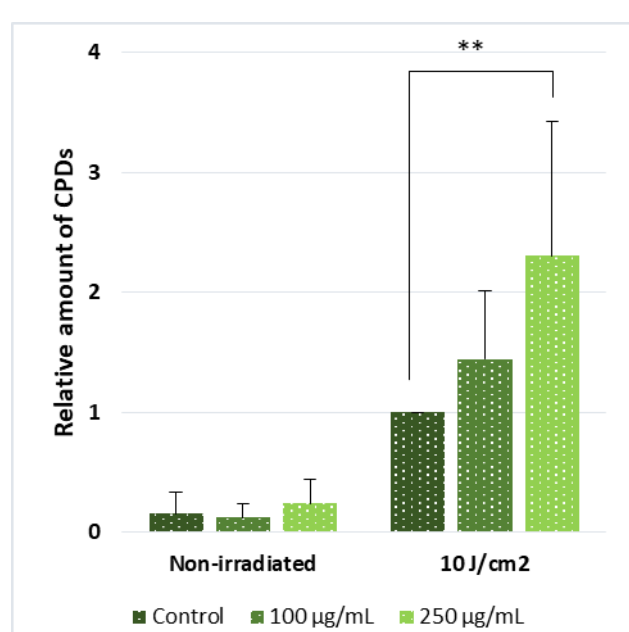
Silymarin treatment significantly enhanced UVA-induced apoptosis after 10 J/cm<sup>2</sup> UVA-treatment

## ROS production



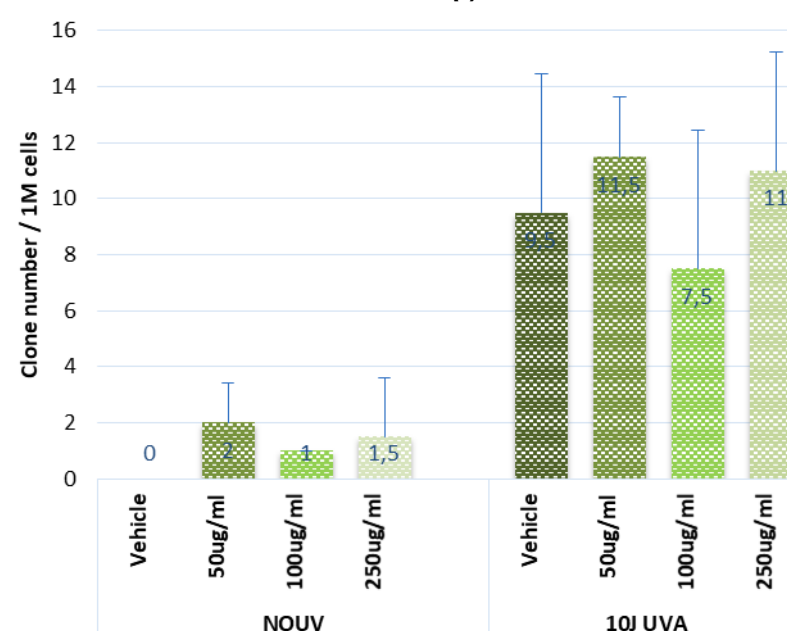
Contrarily to the photosensitizer effect, silymarin significantly reduced intracellular ROS after UVA treatment.

## CPD generation



Silymarin enhanced UVA-induced CPD formation in DNA after UVA-irradiation.

## HPRT mutagenesis



Silymarin treatment did not influence UVA-induced mutation of the cells despite the increased CPD formation.

## Conclusion.

- In our experiments, both **antioxidant** effect and **photosensitizer** properties of silymarin were demonstrated.
- Silymarin-treated cells showed **increased UVA-induced DNA damage without the change of UVA-mutagenesis.**
- We provide evidence for the **complex effects of silymarin in modifying UV response** and thus the need for careful consideration before using silymarin in dermatological preparations.

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