This could be your sub-line – Authors, Co-Authors, Institution, etc.

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A protocol for fast-track in radical cystectomy. Comparative study of morbidity and mortality after the implementation

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Background and Goal of Study: To compare results of the fast track protocol in radical cystectomy in our hospital,in terms of morbidity and mortality, with the patients involved radical cystectomy following the classic protocol

Materials and Methods:a prospective study of patients undergoing radical cystectomy in the HUMS,between January 2016 and October 2016:51 classical protocol,48 fast track protocol.

Variables concerning previous characteristics of patients,hospital stay and complications were collected and divided,pre-cystectomy,pery-cystectomy and post-cystectomy,later performing the statistical analysis using SPSS.

Results and Discussion:

In our study, with the application of the fast-track protocol, it was seen a decrease of the postoperative complications, being the postoperative ileus the most common complication of all. We believe that the most important factors of the decrease of complications were the early withdrawal of the NG tube and the absence of intestinal preparation, the use of epidural analgesia and the goal-guide fluid therapy, avoiding the overhydration, and the early oral nutrition.

Conclusion(s):The implementation of this type of protocols shows significant decrease in number of complications and hospital stay, improving the quality of life of patients, and reducing the costs.

It should take out of the results obtained, the existence of a trend towards significance, so that in the classical although there is greater number of complications, mostly minor, while in the fast-track protocol have fewer complications, but the percentage of major complications is higher than in the classic. This could be the object of study in further works with increased sample size

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