2018

28-30 JUNE
VIENNA, AUSTRIA

SUPPORTIVE CARE
MAKES EXCELLENT
CANCER CARE POSSIBLE

MASCC/ISOO

ANNUAL MEETING ON SUPPORTIVE CARE IN CANCER

www.mascc.org/meeting

#MASCC18

2018

28-30 JUNE
VIENNA, AUSTRIA

**SUPPORTIVE CARE
MAKES EXCELLENT
CANCER CARE POSSIBLE**

ABOUT SOME MENTAL DISORDERS IN CANCER PALLIATIVE CARE

V. Fedunenko (Rostov Medical University)

S. Savina ("Hippocrates" Medical Centre)

B. Zaydiner (Regional Cancer Centre)

Rostov-on-Don, Russia

The authors declare that they have no

conflict of interests

Introduction

2018

28-30 JUNE
VIENNA, AUSTRIA

**SUPPORTIVE CARE
MAKES EXCELLENT
CANCER CARE POSSIBLE**

Mental disorders in cancer patients are under-recognized by both GPs and oncologists, such situation burdens patients' state

Objectives

To assess management options for some
these disorders in bedside settings

Methods

Observational survey was undertaken. The patients were evaluated at home; neuropsychiatric manifestations were detected with clinical examination & routine tests (usually MMSE and CAM)

Results

1042 patients (men 489 women 553, mean age 66.7 ± 5.8 years) were consulted for variety of malignancies. Mental disorders were detected in 437 (41.9 % of total cohort), nosologic prevalence being: depression & other mood disturbances 153 patients (35.0%), cognitive impairment 92 (21.1%)

Results

delirium (hyperactive, hypoactive & mixed) was identified in 186 (42.6%) pts, other disorders 6 (1.4%). The most difficult for differentiating were cases when delirium superimposed on dementia (38 pts) The delirium's fluctuating consciousness permitted it to set apart from dementia. Identification of the new-onset delirium necessitated immediate intervention which contributed to disorder reversal or at least improvement.

2018

28-30 JUNE
VIENNA, AUSTRIA

**SUPPORTIVE CARE
MAKES EXCELLENT
CANCER CARE POSSIBLE**

Conclusions

The risk factors for delirium were

- a MMSE score < 20 ,
- visual & hearing deficit,
- dehydration.

To identify the new-onset delirium necessitated immediate intervention treatment which contributed to disorder reversal, or at least improvement. Being mentally aware is a preference reiterated by seriously ill patients

2018

28-30 JUNE
VIENNA, AUSTRIA

SUPPORTIVE CARE
MAKES EXCELLENT
CANCER CARE POSSIBLE